

May 2019 Featured Events

AFTERNOON AT THE CASINO: THUR, MAY 2ND AT 3:00PM IN THE RESTAURANT

Shake, rattle, and roll! Try your hand at a poker game, revel in some light refreshments, and enjoy musical entertainment from pianist and singer Greg Alcock! Take a chance, dress up, and join us for an afternoon of fun at the Casino!

DAY TRIP TO BOWEN ISLAND WITH ARBUTUS WALK: SAT, MAY 4TH AT 9:15AM, BUS TRIP

Join the group from Tapestry at Arbutus Walk for a visit to beautiful Bowen Island! The trip will involve lunch at a local restaurant, and a choir performance by the Bowen Island Community Choir at Cates Hill Chapel.

KATIE DRYSDALE & FRIENDS PRESENT ITALIA!: MON, MAY 13TH AT 7:30PM IN THE RESTAURANT

Tapestry resident Katie Drysdale is presenting a musical performance with the theme of Italia! Join the fun and enjoy an evening of music and memories.

HEART AND STROKE BIG BIKE FUNDRAISER: TUE, MAY 14TH AT 2:15PM, BUS TRIP

Bike around UBC on a 30-person bike with the Tapestry Team, supporting the Heart and Stroke Foundation! The afternoon will consist of a short bike ride, heart and stroke awareness, and fun! If you would like to donate to the Heart and Stroke Foundation in support of Team Tapestry's participation, please see Brynna or Natalie for more information.

MURDER AT CHATEAU DE TAPESTRY: WED, MAY 15TH AT 7:00PM IN THE RESTAURANT

When suspicious activity takes place at Chateau de Tapestry, all are called for a dinner meeting to get down to the bottom of things. Join us for a Murder Mystery evening where you as a participant will help crack the case... or are you a suspect? Sign up at Concierge to participate.



MANAGEMENT & STAFF PHONE LIST

General Manager - Patricia Penner	ext. 1001
Concierge	ext. 1000
Restaurant Reservations	ext. 1011
Resident Services Coordinator - Shellie Park	ext. 1024
Health & Wellness	ext. 1010
Building & Maintenance Services Manager - Edgar Dacanay	ext. 1031
Restaurant Manager - Michael Wu	ext. 1058
Executive Chef - James Schaeffer	ext. 1008
Business Office Manager - Michael Ho	ext. 1025
Sales Manager - Connie Savicevic	ext. 1021
Life Enrichment Manager - Brynna Walker	ext. 1037
Life Enrichment Assistant - Natalie Wallace	ext. 1039
Fitness Centre - Shelley Lawrence & Thommy Thompson	ext. 1014

May 2019 Calendar of Events

Fun and Frenzy with Friends



Tapestry at Wesbrook Village
3338 Wesbrook Mall, Vancouver BC
604.225.5000



MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Fitness Centre (FC) Bus Trip (BUS) Theatre (THR) Pub/Restaurant (PUB/RES) Billiards Room (BRM) Clubroom (CBR) Classroom (CLR) Main Floor Lobby (MFL) Restaurant (RES) Creative Arts Centre (CAC) Pub (PUB) Bus Outing (BUS) Brain Fit Room (BFR)		9:00am Fit and Strong 1 (FC) 1 9:30am Shopping Shuttle (BUS) 10:00am Fit and Strong 2 (FC) 1:00pm Film Society Movie Matinee (THR) 1:30pm Costco Shopping: Downtown (BUS) 3:15pm Forest Walk With UHill Elementary (BUS) 3:45pm Happy Hour: Heart and Stroke Fundraiser (PUB/RES) 6:45pm Billiards with Michael (BRM) 7:00pm Partner Bridge (CBR) 7:15pm Film Society Movie (CLR)	8:30am Forest Walk (MFL) 2 9:00am Tai Chi (FC) 9:00am Breakfast at White Spot (BUS) 10:00am Successful Stretching (FC) 11:00am Resident Run Cranium Crunch (CBR) 11:30am Vancouver Opera: La Cenerentola (BUS) 12:00pm Women's Lunch (RES) 1:00pm Art Class with Madiha (CAC) 1:00pm Greg's Film Suggestion Matinee (THR) 3:00pm Afternoon at the Casino (RES) 7:15pm Greg's Film Suggestion (THR)	8:00am Zumba (FC) 3 9:00am Fit and Strong 1 (FC) 10:00am Fit and Strong 2 (FC) 10:00am Granville Island Shopping (BUS) 11:00am Current Events Discussion (CLR) 11:30am UBC Pool & Shallow Aquasize (BUS) 12:00pm Men's Lunch (RES) 1:00pm Movie Matinee (THR) 2:00pm Museum of Vancouver (BUS) 2:30pm Guy Rose's 90th Birthday Concert (RES) 3:00pm Balance & Core (FC) 3:45pm Drop-In Poker (PUB) 7:15pm Film (THR)	8:30am Forest Walk (MFL) 4 9:15am Day Trip to Bowen Island with Arbutus Walk (BUS) 9:45am Visit to Deas Island (BUS) 10:00am Stretch & Flow (FC) 10:00am Resident Run Cribbage (CBR) 1:00pm Community Walkers Walk (MFL) 1:00pm Movie Matinee (THR) 2:00pm Ping Pong Drop-In (CBR) 2:00pm Scenic Drive: False Creek (BUS) 7:15pm Film (THR)
9:30am Neighbourhood Walk (MFL) 5 11:30am Open Gym (FC) 1:00pm Forest Walk (MFL) 1:30pm Bridge (CBR) 2:00pm Vancouver Public Library (BUS) 2:30pm Weight Lifting (FC) 3:00pm Stretching Class (FC) 7:15pm Documentary (THR)	9:00am Fit & Strong 1 (FC) 6 10:00am Fit and Strong 2 (FC) 1:00pm Mindful Movement and Meditation (CBR) 1:00pm Cult Classic Film Matinee (THR) 2:30pm UBC Rehab Sciences: "It's Given Me a New Life" (CLR) 4:00pm Yoga (FC) 7:00pm Bridge (CBR) 7:00pm Bible Study (CLR) 7:15pm Cult Classic Films (THR)	8:30am Forest Walk (MFL) 7 10:00am My Art My Way (CAC) 11:00am Cranium Crunch (CBR) 12:00pm Italian Cultural Lunch (RES) 1:00pm Critically Acclaimed Film Matinee (THR) 2:00pm Boxing Circuit (FC) 2:30pm Mini Facials and Mimosas with Rodan + Fields (CAC) 4:00pm Knit & Stitch (CAC) 5:00pm Zumba (FC) 7:00pm Cyber Seniors (BFR) 7:15pm Critically Acclaimed Film (THR)	9:00am Fit and Strong 1 (FC) 8 9:30am Chilliwack Tulip Festival (BUS) 10:00am Fit and Strong 2 (FC) 1:00pm Film Society Movie Matinee (THR) 3:45pm Cinco de Mayo Happy Hour (PUB/RES) 6:00pm Board Games with YHS (CBR) 6:45pm Billiards with Michael (BRM) 7:00pm Partner Bridge (CBR) 7:15pm Film Society Movie (CLR)	8:30am Forest Walk (MFL) 9 9:00am Tai Chi (FC) 9:30am River Rock Casino (BUS) 10:00am Successful Stretching (FC) 11:00am Resident Run Cranium Crunch (CBR) 12:00pm Women's Lunch (RES) 1:00pm Art Class with Sandra (CAC) 1:00pm Greg's Film Suggestion Matinee (THR) 1:15pm Vetta Chamber Music (BUS) 2:00pm Book Club: Washington Black (CBR) 7:15pm Greg's Film Suggestion (THR)	8:00am Zumba (FC) 10 9:00am Fit and Strong 1 (FC) 9:30am Shopping Shuttle (BUS) 10:00am Morning Glory Dance Party (MFL) 10:00am Fit and Strong 2 (FC) 10:00am Toddlers at Tapestry (CBR) 11:00am Current Events Discussion (CLR) 11:30am UBC Pool & Shallow Aquasize (BUS) 12:00pm Men's Lunch (RES) 1:00pm Movie Matinee (THR) 1:40pm UBC Fall Prevention Lab Tour (BUS) 3:00pm Balance & Core (FC) 3:45pm Drop-In Poker (PUB) 7:15pm Film (THR)	8:30am Forest Walk (MFL) 11 9:30am GardenWorks Shopping (BUS) 10:00am Stretch & Flow (FC) 11:30am Resident Run Cribbage (CBR) 1:00pm Seated Volleyball (CBR) 1:00pm Movie Matinee (THR) 2:00pm Ping Pong Drop-In (CBR) 2:30pm Scenic Drive: UBC and Jericho (BUS) 7:15pm Film (THR)
9:30am Neighbourhood Walk (MFL) 12 11:30am Open Gym (FC) 11:30am Mother's Day Brunch (RES) 1:00pm Forest Walk (MFL) 1:30pm Bridge (CBR) 2:00pm Vancouver Public Library (BUS) 2:30pm Weight Lifting (FC) 3:00pm Stretching Class (FC) 7:15pm Documentary (THR)	9:00am Fit & Strong 1 (FC) 13 10:00am Fit and Strong 2 (FC) 1:00pm Cult Classic Film Matinee (THR) 4:00pm Yoga (FC) 7:00pm Bridge (CBR) 7:00pm Bible Study (CLR) 7:15pm Cult Classic Films (THR) 7:30pm Katie Drysdale & Friends - Italia! (RES)	8:30am Forest Walk (MFL) 14 10:00am My Art My Way (CAC) 11:00am Cranium Crunch (CBR) 1:00pm Critically Acclaimed Film Matinee (THR) 2:00pm Boxing Circuit (FC) 2:15pm Heart and Stroke Big Bike Fundraiser (BUS) 4:00pm Knit & Stitch (CAC) 5:00pm Zumba (FC) 7:00pm Cyber Seniors (BFR) 7:15pm Critically Acclaimed Film (THR)	9:00am Fit and Strong 1 (FC) 15 9:30am Costco Shopping: Richmond (BUS) 10:00am Fit and Strong 2 (FC) 11:00am UHill String Orchestra (CLR) 1:00pm Film Society Movie Matinee (THR) 1:30pm Shopping Shuttle (BUS) 3:45pm Happy Hour (PUB/RES) 6:00pm Board Games with YHS (CBR) 6:45pm Billiards with Michael (BRM) 7:00pm Partner Bridge (CBR) 7:00pm Murder at Chateau de Tapestry (RES) 7:15pm Film Society Movie (CLR)	8:30am Forest Walk (MFL) 16 9:00am Tai Chi (FC) 10:00am Successful Stretching (FC) 11:00am Resident Run Cranium Crunch (CBR) 11:40am French Speaking Lunch at Arbutus Walk (BUS) 12:00pm Women's Lunch (RES) 1:00pm Art Class with Madiha (CAC) 1:00pm Greg's Film Suggestion Matinee (THR) 1:00pm Movie at Fifth Ave Cinemas (BUS) 2:30pm Mind/Body and Soul presented by HomeInstead (CLR) 5:45pm Stars on Ice (BUS) 7:15pm Greg's Film Suggestion (THR)	8:00am Zumba (FC) 17 9:00am Fit and Strong 1 (FC) 10:00am Fit and Strong 2 (FC) 11:00am Current Events Discussion (CLR) 11:00am Belkin Art Gallery: Graduate Exhibit (BUS) 11:30am UBC Pool & Shallow Aquasize (BUS) 12:00pm Men's Lunch (RES) 1:00pm Movie Matinee (THR) 2:00pm Southlands Nursery (BUS) 2:30pm Marjorie Robertson's Birthday Concert (RES) 3:00pm Balance & Core (FC) 3:45pm Drop-In Poker (PUB) 7:15pm Film (THR)	8:30am Forest Walk (MFL) 18 10:00am Stretch & Flow (FC) 11:30am Resident Run Cribbage (CBR) 1:00pm Community Walkers Walk (MFL) 1:00pm Movie Matinee (THR) 1:45pm Vancouver British Classic Car Show (BUS) 2:00pm Ping Pong Drop-In (CBR) 2:30pm Mozart School of Music Concert (RES) 6:30pm Spirit(Us) Concert (BUS) 7:15pm Film (THR)
9:30am Neighbourhood Walk (MFL) 19 11:30am Open Gym (FC) 1:00pm Forest Walk (MFL) 1:30pm Bridge (CBR) 2:00pm Vancouver Public Library (BUS) 2:30pm Weight Lifting (FC) 3:00pm Stretching Class (FC) 7:15pm Documentary (THR)	9:00am Fit & Strong 1 (FC) 20 10:00am Fit and Strong 2 (FC) 10:30am Cafe et Croissants (CBR) 1:00pm Cult Classic Film Matinee (THR) 2:00pm Wesbrook Village Walk & Garbage Pick Up (MFL) 4:00pm Yoga (FC) 7:00pm Bridge (CBR) 7:00pm Bible Study (CLR) 7:15pm Cult Classic Films (THR)	8:30am Forest Walk (MFL) 21 10:00am My Art My Way (CAC) 11:00am Cranium Crunch (CBR) 1:00pm Critically Acclaimed Film Matinee (THR) 2:00pm Boxing Circuit (FC) 2:30pm Shakespeare and the Musicality of 16th Century Words with Dr. Bev Greenwood (CLR) 4:00pm Knit & Stitch (CAC) 5:00pm Zumba (FC) 7:00pm Cyber Seniors (BFR) 7:15pm Critically Acclaimed Film (THR)	9:00am Fit and Strong 1 (FC) 22 9:30am Shopping Shuttle (BUS) 10:00am Fit and Strong 2 (FC) 1:00pm Film Society Movie Matinee (THR) 1:15pm Great Bear Rainforest OMNIMAX (BUS) 3:15pm UHill Concert Choir (RES) 3:45pm Happy Hour (PUB/RES) 6:45pm Billiards with Michael (BRM) 7:00pm Partner Bridge (CBR) 7:15pm Film Society Movie (CLR)	8:30am Forest Walk (MFL) 23 9:00am Tai Chi (FC) 10:00am Successful Stretching (FC) 11:00am Resident Run Cranium Crunch (CBR) 12:00pm Women's Lunch (RES) 12:00pm Foodie Club Lunch Outing: Chi Restaurant (BUS) 1:00pm Art Class with Sandra (CAC) 1:00pm Greg's Film Suggestion Matinee (THR) 1:00pm Tea and Trumpets (BUS) 7:15pm Greg's Film Suggestion (THR)	8:00am Zumba (FC) 24 9:00am Fit and Strong 1 (FC) 10:00am Morning Glory Dance Party (MFL) 10:00am Fit and Strong 2 (FC) 10:00am Toddlers at Tapestry (CBR) 10:30am Bloedel Conservatory and Lunch at Seasons in the Park (BUS) 11:00am Current Events Discussion (CLR) 12:00pm Men's Lunch (RES) 1:00pm Movie Matinee (THR) 1:00pm Shopping on South Granville (BUS) 3:00pm Balance & Core (FC) 3:45pm Drop-In Poker (PUB) 7:15pm Film (THR)	8:30am Forest Walk (MFL) 25 10:00am Stretch & Flow (FC) 10:00am Vancouver Public Library (BUS) 11:30am Resident Run Cribbage (CBR) 11:45am Geoff Peters on the Piano (RES) 1:00pm Seated Volleyball (CBR) 1:00pm Movie Matinee (THR) 2:00pm Ping Pong Drop-In (CBR) 2:00pm Scenic Drive: Burnaby Mountain and SFU (BUS) 7:15pm Film (THR)
9:30am Neighbourhood Walk (MFL) 26 11:30am Open Gym (FC) 1:00pm Forest Walk (MFL) 1:30pm Bridge (CBR) 2:00pm Vancouver Flea Market Antique Show (BUS) 2:30pm Weight Lifting (FC) 3:00pm Stretching Class (FC) 7:15pm Documentary (THR)	9:00am Fit & Strong 1 (FC) 27 10:00am Fit and Strong 2 (FC) 1:00pm Mindful Movement and Meditation (CBR) 1:00pm Cult Classic Film Matinee (THR) 2:30pm Jaeda and Leanne's Interior Design Presentations (CLR) 4:00pm Yoga (FC) 7:00pm Bridge (CBR) 7:00pm Bible Study (CLR) 7:15pm Cult Classic Films (THR)	8:30am Forest Walk (MFL) 28 10:00am My Art My Way (CAC) 11:00am Cranium Crunch (CBR) 1:00pm Critically Acclaimed Film Matinee (THR) 2:00pm Boxing Circuit (FC) 2:00pm Resident Meeting (A-K) (CLR) 3:00pm Resident Meeting (L-Z) (CLR) 4:00pm Knit & Stitch (CAC) 5:00pm Zumba (FC) 7:00pm Cyber Seniors (BFR) 7:15pm Critically Acclaimed Film (THR)	9:00am Fit and Strong 1 (FC) 29 10:00am Shopping at Stong's Market (BUS) 10:00am Fit and Strong 2 (FC) 1:00pm Film Society Movie Matinee (THR) 1:30pm Shopping Shuttle (BUS) 2:00pm Monthly Fire Drill (MFL) 3:45pm Happy Hour (PUB/RES) 6:00pm Board Games with YHS (CBR) 6:45pm Billiards with Michael (BRM) 7:00pm Partner Bridge (CBR) 7:15pm Film Society Movie (CLR)	8:30am Forest Walk (MFL) 30 9:00am Tai Chi (FC) 10:00am Successful Stretching (FC) 10:00am Granville Island Shopping (BUS) 11:00am Resident Run Cranium Crunch (CBR) 12:00pm Women's Lunch (RES) 12:45pm Teresa Trainer Painting Demo at AW (BUS) 1:00pm Art Class with Madiha (CAC) 1:00pm Greg's Film Suggestion Matinee (THR) 3:00pm Birthday Party (RES) 7:00pm Perk Activities (CLR) 7:15pm Greg's Film Suggestion (THR)	8:00am Zumba (FC) 31 9:00am Fit and Strong 1 (FC) 10:00am Fit and Strong 2 (FC) 11:00am Current Events Discussion (CLR) 11:00am Heidi's Jewellery (MFL) 11:30am UBC Pool & Shallow Aquasize (BUS) 12:00pm Men's Lunch (RES) 1:00pm Movie Matinee (THR) 1:30pm Shopping at Tsawwassen Mills (BUS) 3:00pm Balance & Core (FC) 3:45pm Drop-In Poker (PUB) 7:15pm Film (THR)	