

November 2018 Events in the Community

CONCERT®

DELTA BINGO- NOVEMBER 7TH AT 12:00 PM

There's never a dull moment at Delta Bingo & Gaming! Come in and experience our wide array of entertainment, food and drink options. We have traditional Bingo that you know and love, and much, much more! Be sure to bring cash with you (we are a CASH ONLY establishment but have an ATM on site for your convenience), 2 pieces of I.D., and a dabber to mark your Bingo cards. All new players will receive a free dabber on their first visit. The cost to play Bingo can be as little as \$20! Additional cost is based on the number of cards added. Tap N Play machines range from 40 cents to \$2 per play. If you're interested in coming, please sign up at the bistro.

GREAT CANADIAN INVENTIONS PRESENTATION DEMO IN THE KITCHEN- NOVEMBER 13TH AT 11:00 AM

Historian Richard Jordan looks at three things that were developed by Canadians- The Robertson (square head) screw, Pablum infant cereal and the McIntosh apple. Each one is something of a story of struggle uniquely Canadian triumph. The sometimes controversial personalities behind the discoveries are as interesting as the things they produced.

MCMICHAEL ART GALLERY: DAVID MILNE- NOVEMBER 27 AT 11:00 AM

This exhibition will document an artistic career that spanned the first half of the 20th century, bringing together more than ninety works in oil and watercolour, never-before-exhibited photographs and drawings by the artist, and memorabilia collected by Milne during his time in Europe as an official war artist. If you're interested in coming, please sign up in the bistro.

CASINO WOODBINE- NOVEMBER 21ST AT 10:00 AM

Be first out of the gate to soak in the excitement at Casino Woodbine. With live table games, electronic table games and a variety of slot machines that include new and classic themes, restaurants, lounges and accessible facilities, Casino Woodbine is the ultimate gaming destination in the GTA! If you're interested in coming, please sign up in the bistro.

MOVIE THEATRE OUTING- NOVEMBER 20TH AT 1:00 PM

Come out and enjoy a movie with friends at Queensway Cineplex Cinemas. Tuesday also happens to be value day with an admission cost of only \$8.09! If you're interested in coming, please sign up in the bistro.

November 2018 Calendar of Events Changing Seasons



MANAGER & STAFF PHONE LIST

Acting General Manager, Tina Bronzovic	ext. 201
Executive Chef, Carl MacNeil	ext. 215
Resident Service Manager, Tina Bronzovic	ext. 201
Sales Advisor, Jeff Howell	ext. 208
Sales Advisor, Beth-Anne Macvicar	ext. 206
Sales Manager, Cynthia Bettencourt	ext. 205
Restaurant Manager, Jill Harmer	ext. 270
Health & Wellness Manager, Laura Larson	ext. 203
Life Enrichment Manager, Michelle Cruz	ext. 210
Plant Operations Manager, Brian Montgomery	ext. 211
Life Enrichment/Personal Trainer, Lauren Tankel	ext. 209
Business Office Manager, Kayla Daley	ext. 212



Tapestry at Village Gate West
15 Summerland Terrace, Toronto ON
416.777.2911



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>November</h1> <p>Transportation Provided for Regular Shopping Excursions—sign up required</p> <p>Walmart: November 5th & 19th</p> <p>Humbertown Shopping Centre: November 12th, 26th</p> <p>Rabba/ Bruno Fine Foods: November 12th & 26th</p> <p>Cloverdale Mall November 2nd, 9th, 16th, 23th & 30th</p>				<p>1</p> <p>9:30 Sit To Be Fit (ER) 9:30 Tapestry Indoor Walking Club (B) 10:00 Food Council Meeting (DK) 10:15 Stretching & Relaxation (ER) 11:15 Alphabet Game (T) 1:00 Sherway Walking Club 1:00 Tapestry Chorus Club (L) 1:00 Colours in Motion (AC) 1:00 Euchre Club (G, SD) 2:00 Agility, Balance and Coordination (ER) 2:30 Wii Wheel of Fortune (T) 3:15 Taking Charge of Arthritis (ER) 4:00 Blackjack \$ (G) 4:00 Vertigo Workshop (ER)</p>	<p>2</p> <p>9:15 AquaFit (P) 9:30 Sit to be Fit (ER) 10:15 Chair Cardio (ER) 11:30 Trivia Challenge (T) 1:00 Afternoon Bridge (L, SD) 1:00 Alphabet Game (T) 1:30 Texas Hold 'Em Poker (G) 2:30 Wii Wheel of Fortune (T) 3:00 ZUMBA GOLD! (ER) 3:30 AquaFit (P) 3:30 Double-Down Tonk (DK) 7:30 Movie Night (T)</p>	<p>3</p> <p>10:00 Stretching and Relaxation (ER) 11:00 Library Excursion 11:00 Colour Me Calm (G, SD) 11:00 Mindful Reflection (T) 11:00 Chair Yoga (ER) 11:30 Basic Yoga (ER) 12:30 AquaFit (P) 3:00 Knitters with a Cause (L) 3:15 Muscle Flow (ER) 7:30 Movie Night (T)</p>
<p>4</p> <p>10:30 Chess Club (L, SD) 10:30 Wii Wheel of Fortune (T) 11:00 Scrabble (G, SD) 1:00 Beginners bridge (L) 1:30 Trivia Challenge (DK) 2:00 Beginners Euchre (L) 2:30 Afternoon Movie Matinee (T) 3:00 Double Down Tonk (G) 4:00 Billiards (L, SD) 7:30 Movie Night (T)</p>	<p>5</p> <p>9:15 AquaFit (P) 10:15 Chair Cardio (ER) 11:05 Chair Yoga (ER) 11:35 Basic Yoga (ER) 1:00 Simple Strength Training (ER) 1:00 Intermediate Golf (T) 1:00 Afternoon Bridge (L, SD) 1:30 Giant Crossword Puzzle (DK) 2:30 Stretching & Relaxation (ER) 3:15 Taking Charge of Arthritis (ER) 3:30 Wii Wheel of Fortune (T) 4:00 ZUMBA GOLD! (ER) 6:45 Double Down Tonk (G) 7:30 Movie Night (T)</p>	<p>6</p> <p>9:30 Gentle Balance Builders (ER) 9:30 Tapestry Indoor Walking Club (B) 10:00 Life Enrichment Council Meeting (T) 10:00 Lemon and Lavender Vendor (DK) 10:15 Stretching and Relaxation (ER) 11:00 Charitable Donations (G) 2:00 Glitz' n' Glamour Jewelry Club (DK) 2:00 Simple Strength Training (ER) 2:00 Colour Me Calm (G, SD) 3:15 AquaFit (P) 3:15 Dictionary Word Game (T) 4:00 Texas Hold 'Em Poker (G) 4:00 Wii Bowling (T) 4:00 Vertigo Workshop (ER)</p>	<p>7</p> <p>9:15 AquaFit (P) 10:00 Tapestry Book Exchange (G) 10:15 Vital Core Training (ER) 10:30 Value Store 10:30 Wii Bowling League 10:30 Chess Club (L, SD) 11:00 Fitness Equipment Training (ER) 12:00 Delta Bingo 11:00 Tech-Tips (T) 1:00 Afternoon Bridge (L) 2:00 Stretching & Relaxation (ER) 3:00 Cocktail Hour 4:00 Simple Strength Training (ER)</p>	<p>8</p> <p>9:30 Sit To Be Fit (ER) 9:30 Tapestry Indoor Walking Club (B) 10:00 Resident Council Meeting (PDR) 10:15 Stretching & Relaxation (ER) 11:30 Alphabet Game (T) 1:00 Sherway Walking Club 1:00 Tapestry Chorus Club (L) 1:00 Colours in Motion (AC) 1:00 Euchre Club (G, SD) 2:00 Agility, Balance and Coordination (ER) 2:30 Wii Wheel of Fortune (T) 3:15 Taking Charge of Arthritis (ER) 4:00 Blackjack \$ (G) 4:00 Vertigo Workshop (ER)</p>	<p>9</p> <p>9:15 AquaFit (P) 10:15 Chair Cardio (ER) 11:30 Trivia Challenge (T) 1:00 Alphabet Game (T) 1:00 Afternoon Bridge (L, SD) 1:30 Texas Hold 'Em Poker (G) 3:00 ZUMBA GOLD! (ER) 3:30 AquaFit (P) 3:30 Double-Down Tonk (DK) 4:00 Simple Strength Training (ER) 7:30 Movie Night (T)</p>	<p>10</p> <p>10:00 Stretching and Relaxation (ER) 11:00 Library Excursion 11:00 Colour Me Calm (G, SD) 11:00 Mindful Reflection (T) 11:00 Chair Yoga (ER) 11:30 Basic Yoga (ER) 12:30 AquaFit (P) 3:00 Knitters with a Cause (L) 3:15 Muscle Flow (ER) 7:30 Movie Night (T)</p>
<p>11</p> <p>10:30 Chess Club (L, SD) 10:30 Wii Wheel of Fortune (T) 1:00 Beginners bridge (L) 1:30 Trivia Challenge (G) 2:00 Beginners Euchre (L) 2:30 Afternoon Movie Matinee (T) 3:00 Double Down Tonk (G) 4:00 Billiards (L, SD) 7:30 Movie Night (T)</p>	<p>12</p> <p>9:15 AquaFit (P) 10:15 Chair Cardio (ER) 11:05 Chair Yoga (ER) 11:35 Basic Yoga (ER) 1:00 Intermediate Golf (T) 1:00 Simple Strength Training (ER) 1:00 Afternoon Bridge (L, SD) 1:30 Giant Crossword Puzzle (G) 2:30 Stretching & Relaxation (ER) 3:15 Taking Charge of Arthritis (ER) 3:30 Wii Wheel of Fortune (T) 4:00 ZUMBA GOLD! (ER) 6:45 Double Down Tonk (G) 7:30 Movie Night (T)</p>	<p>13</p> <p>9:30 Gentle Balance Builders (ER) 9:30 Tapestry Indoor Walking Club (B) 10:15 Stretching and Relaxation (ER) 11:00 Great Canadian Inventions (DK) 2:00 Simple Strength Training (ER) 2:00 Colour Me Calm (G, SD) 3:15 AquaFit (P) 3:15 Dictionary Word Game (T) 4:00 Texas Hold 'Em Poker (G) 4:00 Wii Bowling (T) 4:00 Vertigo Workshop (ER)</p>	<p>14</p> <p>9:15 AquaFit (P) 10:00 Vital Signs Clinic Health & Wellness 10:15 Chess Club (L, SD) 10:30 Vital Core Training (ER) 10:30 Wii Bowling League (T) 11:00 Fitness Equipment Training (ER) 11:00 Tech-Tips (T) 12:00 Resident Luncheon 1:00 Afternoon Bridge (L) 2:00 Mindful Reflection (T) 2:00 Stretching & Relaxation (ER) 3:00 Cocktail Hour 4:00 Simple Strength Training (ER)</p>	<p>15</p> <p>9:30 Sit To Be Fit (ER) 9:30 Tapestry Indoor Walking Club (B) 10:15 Stretching & Relaxation (ER) 11:15 Alphabet Game (T) 1:00 Sherway Walking Club 1:00 Tapestry Chorus Club (L) 1:00 Colours in Motion (AC) 1:00 Euchre Club (G, SD) 2:00 Agility, Balance and Coordination (ER) 2:30 Wii Wheel of Fortune (T) 3:15 Taking Charge of Arthritis (ER) 4:00 Blackjack \$ (G) 4:00 Vertigo Workshop (ER)</p>	<p>16</p> <p>9:15 AquaFit (P) 9:30 Sit to be Fit (ER) 9:30 iPad Training (DK) 10:15 Chair Cardio (ER) 11:00 Shuffleboard Shake (G, SD) 11:30 Trivia Challenge (DK) 1:00 Alphabet Game (T) 1:00 Afternoon Bridge (L, SD) 1:30 Texas Hold 'Em Poker (G) 3:00 ZUMBA GOLD! (ER) 3:30 AquaFit (P) 3:30 Double-Down Tonk (DK) 4:00 Simple Strength Training (ER) 7:30 Movie Night (T)</p>	<p>17</p> <p>10:00 Stretching and Relaxation (ER) 11:00 Colour Me Calm (L) 11:00 Library Excursion (O) 11:00 Mindful Reflection (T) 11:00 Chair Yoga (ER) 11:30 Basic Yoga (ER) 12:30 AquaFit (P) 3:00 Knitters with a Cause (L) 3:15 Muscle Flow (ER) 7:30 Movie Night (T)</p>
<p>18/25</p> <p>10:30 Chess Club (L, SD) 10:30 Wii Wheel of Fortune (T) 11:00 Scrabble (G, SD) 1:00 Beginners Bridge (L) 1:30 Trivia Challenge (DK) 2:00 Beginners Euchre (L) 2:30 Afternoon Movie Matinee (T) 3:00 Double Down Tonk (G) 4:00 Billiards (L,SD) 7:30 Movie Night (T)</p>	<p>19/26</p> <p>9:15 AquaFit (P) 10:15 Chair Cardio (ER) 11:05 Chair Yoga (ER) 11:35 Basic Yoga (ER) 1:00 Intermediate Golf (T) 1:00 Simple Strength Training (ER) 1:00 Afternoon Bridge (L, SD) 1:30 Giant Crossword Puzzle (DK) 2:30 Stretching & Relaxation (ER) 3:15 Taking Charge of Arthritis (ER) 3:30 Wii Wheel of Fortune (T) 4:00 ZUMBA GOLD! (ER) 6:45 Double Down Tonk (G) 7:30 Movie Night (T)</p>	<p>20/27</p> <p>9:30 Gentle Balance Builders (ER) 9:30 Tapestry Indoor Walking Club (B) 9:30 Mobile Hearing Clinic (L) 10:15 Stretching and Relaxation (ER) 11:00 Tapestry Book Club Meeting (CY) 11:00 McMichael Art Gallery (27) 1:00 Movie Theatre Outing (20) 2:00 Glitz' n' Glamour Jewelry Club (27) (L) 2:00 Colour Me Calm (G, SD) 2:00 Simple Strength Training (ER) 3:15 AquaFit (P) 3:15 Dictionary Word Game (T) 4:00 Texas Hold 'Em Poker (G) 4:00 Wii Bowling (T) 4:00 Vertigo Workshop (ER)</p>	<p>21/28</p> <p>9:15 AquaFit (P) 10:00 Casino Woodbine (21) 10:15 Vital Core Training (ER) 10:30 Chess Club (L, SD) 10:30 Wii Bowling League (T) 11:00 Resident Monthly Meeting (DK) 11:00 Sherway Gardens (SE) 1:00 Afternoon Bridge (L) 2:00 Mindful Reflection (T) 2:00 Stretching & Relaxation (ER) 3:00 Cocktail Hour 4:00 Simple Strength Training (ER)</p>	<p>22/29</p> <p>9:30 Sit To Be Fit (ER) 9:30 Tapestry Indoor Walking Club (B) 10:15 Stretching & Relaxation (ER) 11:00 Transportation to Shoppers Drug Mart (SE) 11:15 Alphabet Game (T) 1:00 Sherway Walking Club 1:00 Tapestry Chorus Club (L) 1:00 Colours in Motion (AC) 1:00 Euchre Club (G, SD) 2:00 Agility, Balance and Coordination (ER) 2:30 Wii Wheel of Fortune (T) 3:15 Taking Charge of Arthritis (ER) 4:00 Blackjack \$ (G) 4:00 Vertigo Workshop (ER)</p>	<p>23/30</p> <p>9:15 AquaFit (P) 9:30 Sit to be Fit (ER) 10:15 Chair Cardio (ER) 11:00 Shuffleboard Shake (G, SD) 11:30 Trivia Challenge (DK) 1:00 Alphabet Game (T) 1:00 Afternoon Bridge (L, SD) 1:30 Texas Hold 'Em Poker (G) 3:00 ZUMBA GOLD! (ER) 3:30 AquaFit (P) 3:30 Double-Down Tonk (DK) 4:00 Simple Strength Training (ER) 7:30 Movie Night (T)</p>	<p>24</p> <p>10:00 Stretching and Relaxation (ER) 11:00 Library Excursion 11:00 Colour Me Calm (G) 11:00 Mindful Reflection (T) 11:00 Chair Yoga (ER) 11:30 Basic Yoga (ER) 12:30 AquaFit (P) 3:00 Knitters with a Cause (L) 3:15 Muscle Flow (ER) 7:30 Movie Night (T)</p>