

February 2012 Outings

GRANVILLE ISLAND- THURSDAY, FEBRUARY 2ND

Some of you have missed our bi-weekly summer trips to Granville Island. There will be plenty of time for you to go for lunch and visit the shops you've been missing.

DARBY'S PUB- TUESDAY, FEBRUARY 7TH

Every year the Vancouver Courier puts out the 'Stars of Vancouver'. Darby's Pub was voted the number one pub in Vancouver so let's check it out!

VISIT TO THE PLANETARIUM- THURSDAY, FEBRUARY 23RD

The Constellation Makers unravels the mystery: what ancient civilization gave us the names of the stars in the sky? View stunning scenes from Egypt and Greece. Cost of this trip is \$11.00.

TEA AND TOUR OF THE BURNABY ART MUSEUM- MONDAY FEBRUARY 27TH

The Burnaby Art Gallery is situated on the beautiful grounds of Deer Lake next to the Shadbolt center for the arts and is housed in the historic Cepperly House. We will have a tour of the current Renée Van Halm exhibit. Cost of this trip is \$7.00.

When Signing up for Bus Trips, please remember:

- Sign up sheets are posted one week prior to the trip. They are located in the Activity Binder at the Front Desk.
- Sign ups for theatre trips will be posted a minimum of three weeks in advance.
- Bus trip fees are charged to your suite account.
- If you cancel a trip that requires advance ticket purchase, you will be charged, unless a replacement is found.

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TAPESTRY™

 **TAPESTRY**
The O'Keefe - Arbutus Walk
2799 Yew Street
Vancouver, BC V6K 4W2

MANAGER & STAFF PHONE LIST

General Manager	Bill Rankin	ext. 3202
Administrative Manager	Susan Jones	ext. 3203
Recreation Manager	Maria Perretta	ext. 3213
Health & Wellness Director	Annie Pesht	ext. 3211
Restaurant Manager	Suzanne Summersgill	ext. 3217
Marketing Manager	Linda Jacobs	ext. 3195
Hair Salon	Almas & Elaine	ext. 3210
Maintenance Supervisor	Scott Gardner	ext. 3215
Housekeeping Supervisor	Leanne Forsyth	ext. 3205
Chef	Rob Cleland	ext. 3208
PrimeFit Instructors	Laura & Liz	ext. 3222



Look Inside for Exciting Events!

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			9-3:30 Dr. Appt. Shuttle 9:30-5 Esthetician Services 11-12 Mobile Library 1:15 Movie Committee Meeting 2:00 Discussion Group 3:15 Wii Games 5:00 Cocktail Social with Peter Fisher at Piano 6:00 Buffet Dinner 7:30 Whist	1 9:30-5 Massage Services 9:30 Total Body Fit 10:30 Sit Fit 12:00 Granville Island Trip 2:00 Scrabble 2:30 Playreading 7:30 Bridge	9,10,11 Oakridge Shuttle 9:00 Balance & Core 2:15 History of Ancient Egypt 2:30 Watercolor Painting 4:00 Meditation & Relaxation 4:00 Friday Night Fred 7:30 Canasta	9:00 Total Body Fit 10:00 Sit Fit 11:00 Wii Golf 1:30 Parlour Games 3:00 Movie Matinee 7:45 Night at the Movies
10:00 Computer Training 11:30 Sunday Brunch 1:30 Westcoast Symphony Concert at St. John's School (2:00 start by donation) 3:00 Travel Matinee 7:45 Travel Movie	9,10 Grocery Shopping 9:00 Balance & Core 11:00 Trivia Teasers 1:00 Arbutus Mall 1:30 Melody Makers 4:00 Yoga 6:30 War Movie 7:45 Bridge	9:30 Total Body Fit 10:30 Sit Fit 10:30 Majong 11:00 Heart Health Talk 12:00 Darby's Pub Lunch 2:30 Knit & Stitch 3:00 Movie Matinee 7:45 Movie Night	9-3:30 Dr. Appt. Shuttle 9:30-5 Esthetician Services 11-12 Mobile Library 2:00 Write Here! 3:15 Wii Games 5:00 Cocktail Social with Lester Soo at Piano 6:00 Buffet Dinner 7:30 Whist	9:30-5 Massage Services 9:30 Total Body Fit 10:30 Sit Fit 1:15 Music Making with Lulu 2:00 Scrabble 7:30 Bridge 7:45 Movie Night: The Right Stuff	9,10,11 Oakridge Shuttle 9:00 Balance & Core 2:15 History of Ancient Egypt 2:30 Craft Making 4:00 Friday Night Fred 7:30 Big Buck Bingo 7:30 Canasta	9:00 Total Body Fit 10:00 Sit Fit 11:00 Fashion History 11:00 Wii Golf 1:30 Parlour Games 3:00 Movie Matinee 7:45 Movie Night
10:00 Computer Training 11:30 Sunday Brunch 3:00 Travel Matinee 7:45 Travel Movie	9,10 Grocery Shopping 9:00 Balance & Core 11:00 Trivia Teasers 1:00 Arbutus Mall 2:30 Bridge Lessons 4:00 Yoga 6:30 War Movie 7:45 Bridge	9:30 Total Body Fit 10:30 Sit Fit 10:30 Majong 1:15 Community Meeting 2:30 Knit & Stitch 3:00 Movie Matinee 7:45 Movie Night Sign Up! That's Amore Valentines Day Dinner	9-3:30 Dr. Appt. Shuttle 9:30-5 Esthetician Services 11-12 Mobile Library 1:30 Rerun: Sabeena's Vietnam Presentation 3:15 Wii Games 5:00 Cocktail Social with Evelyn Creaser on Violin 6:00 Buffet Dinner 7:30 Whist	9:30-5 Massage Services 9:30 Total Body Fit 10:30 Sit Fit 11:00 Planetarium Lecture Asteroids & Other Objects 2:00 Scrabble 2:30 Playreading 7:30 Bridge	9,10,11 Oakridge Shuttle 9:00 Balance & Core 1-4 Podiatrist Visit 2:15 History of Ancient Egypt 2:30 Watercolor Painting 4:00 Meditation & Relaxation 4:00 Friday Night Fred 7:30 Big Buck Bingo 7:30 Canasta	9:00 Total Body Fit 10:00 Sit Fit 11:00 Wii Golf 1:30 Parlour Games 3:00 Movie Matinee 7:45 Night at the Movies
10:00 Computer Training 11:30 Sunday Brunch 3:00 Travel Matinee 7:45 Travel Movie	9,10 Grocery Shopping 9:00 Balance & Core 10-11:15 Blood Pressure & Weight Clinic 10:30 Fire Drill 11:15 Trivia Teasers Handwriting Analysis 1:00 Arbutus Mall 1:30 Melody Makers 4:00 Yoga 6:30 War Movie 7:45 Bridge	9:30 Total Body Fit 10:30 Sit Fit 10:30 Majong 11:00 Photography Series "What does this button do?" 2:30 Knit & Stitch 2:30 Welcome & Birthday Tea 3:00 Movie Matinee 7:45 Movie Night	9-3:30 Dr. Appt. Shuttle 9:30-5 Esthetician Services 11-12 Mobile Library 2:00 Write Here! 3:15 Wii Games 5:00 Cocktail Social with Doe Bender Duo - Piano & Upright Base 6:00 Buffet Dinner 7:30 Whist	9:30-5 Massage Services 9:30 Total Body Fit 10:30 Sit Fit 11:00 Talk about Roses! Visit to the Planetarium Constellation Makers 1:30 Scrabble 7:30 Bridge	9,10,11 Oakridge Shuttle 9:00 Balance & Core 2:15 History of Ancient Egypt 2:30 Craft Making 4:00 Friday Night Fred 7:30 Big Buck Bingo 7:30 Canasta	9:00 Total Body Fit 10:00 Sit Fit 11:00 Wii Golf 3:00 Movie Matinee 7:45 Night at the Movies
10:00 Computer Training 11:30 Sunday Brunch 3:00 Travel Matinee 4:00 Night at the Oscars Media Room	9,10 Grocery Shopping 9:00 Balance & Core 10-3 Coco's Clothing 11:00 Trivia Teasers 12:30 Tea & Tour - Burnaby Art Museum 2:30 Bridge Lessons 4:00 Yoga 6:30 War Movie 7:45 Bridge	9:30 Total Body Fit 10:30 Sit Fit 10:30 Majong 11:00 Planetarium Lecture - The Search for Planets Beyond Our Solar System Ultimate Jeopardy 1:30 Knit & Stitch 2:30 Movie Matinee 7:45 Movie Night	9-3:30 Dr. Appt. Shuttle 9:30-5 Esthetician Services 11-12 Mobile Library 2:00 Book Club 2:30 Laughter Yoga 3:15 Wii Games 5:00 Cocktail Social with Jennifer Hodge Trio - Music of the 20's 6:00 Buffet Dinner 6:00 Chef's Table 7:30 Whist			